

RAMGO

SPROUT SEEDS



ALFALFA



AMARANTH



BROCCOLI



RED RUSSIAN KALE



MIZUNA



RADISH KAIWARE



RED BEET



RED MUSTARD



SUNFLOWER



TENDRIL PEA



TUSCAN KALE



WHEATGRASS



MICROGREEN SPROUTS

TINY GREENS, MASSIVE HEALTH GAINS!

Eat Well, Stay Healthy

Big Nutrition in Every Tiny Leaf



Microgreens are young, edible plants packed with intense flavor and vibrant nutrients. Harvested just days after germination, these tiny greens are loaded with vitamins, minerals, and antioxidants—often containing more nutrients than their mature counterparts. Perfect for salads, smoothies, sandwiches, or as a fresh garnish, microgreens are a delicious and healthy way to elevate any meal. Whether you're a home gardener or a health enthusiast, microgreens are easy to grow, require minimal space, and are ready to harvest in just 1–3 weeks!



-  **PACKED WITH NUTRIENTS**
-  **GOOD FOR HEART HEALTH**
-  **SUPPORTS DIGESTION**
-  **EASY TO GROW**
-  **ADDS FLAVOR AND COLOR**
-  **HELPS CONTROL BLOOD SUGAR**
-  **ECO-FRIENDLY CROP**

