

Winged Bean “Sigarilyas”



WINGED BEANS
“Sigarillas”

Planting Guide:

Family: Fabaceae / Leguminosae

Scientific Name: Tetragonolobus purpureus ;

Psophocarpus tetragonolobus

Adaptability: 23 – 29°C (mean monthly temperature)

Maturity: 75 – 90 days (AFTER SOWING)

Planting Distance: 60 cm X 120 cm

Plant Population: 13,889 hills per ha

Seeding Rate: 4 – 5 kg/ha

Number of Seeds (per gram): 4 seeds

Method of Planting: absolutely direct seeded

Sowing To Germination: 5 – 7 days

pH Requirement: 5.5 – 7.5

Fertilizer Management:

Basal: (2 days before planting)	chicken manure (1 kg/ m ²)	+	14-14-14 (20 g /m ²)	+	46-0-0 (10 g/m ²)
1st Sidedressing: (2 weeks after planting)	14-14-14 (4 bags/ha)				
Foliar Fertilizer (weekly starting at first harvest)					

Harvesting: --- green pods are ready for harvest 15 – 20 days after flowering

--- to prolong the production period of the plant, pick the pods every two days

