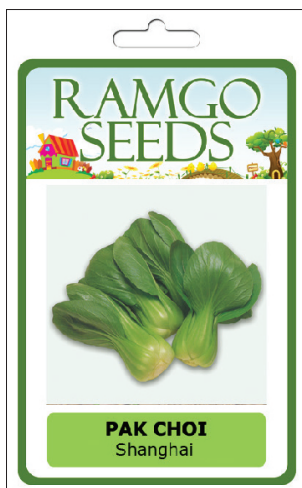


Pakchoi/ Bok Choy “Chinese Pechay”



PAKCHOI

“Chinkang Green Bucks”



PAKCHOI

“Shanghai”

Planting Guide:

Family: Brassicaceae / Cruciferae

Scientific Name: Brassica napus var. chinensis

Adaptability: 20 – 25°C (mean monthly temperature)

Maturity: 30 – 45 days (AFTER SOWING)

Planting Distance: 10 cm X 10 cm

Plant Population (per ha): 1,000,000 hills

Seeding Rate (kg/ha): 0.4 – 1 (if transplanted)
3 – 5 (if direct seeded) --- broadcast

Number of Seeds (per gram): 580

Method of Planting: best transplanted

Days From Sowing To Germination: 3 – 4

Days From Germination To Transplanting: 14 - 21

pH Requirement: 5.5 – 7

Fertilizer Management:

Basal: (2 days before transplanting)	chicken manure (1 kg/ m ²)	+	14-14-14 (20 g/m ²)	+	46-0-0 (10 g/m ²)
Sidedressing: (8-10 days after transplanting)	46-0-0 (1bags/ha)				

Harvesting:

- Uproot the whole plant and cut the roots
- Avoid harvesting at the hottest part of the day

Postharvest Handling:

- Washed the plants upon harvest
- Trim small outer and senescent leaves
- Packed plants with their base to the sides of basket
- Maintain turgidity by lining the basket with a layer of paper or banana leaves